



Crown Home Care Instructions

Look at you, newly crowned and looking good. Your tooth just got the royal treatment, so what now?

- Although routine, crowns represent a trauma to your tooth. Just like trauma anywhere else on your body, you may experience a little sensitivity in the area. This can include gum soreness, temperature sensitivity, or biting sensitivity. This is common, but not necessarily expected.
- Any sensitivity that arises is usually very brief. The most common is cold sensitivity and can last anywhere from two to six weeks after the filling and/or crown
- If the sensitivity seems to persist, or it hurts to chew, come in and see us. You may need a simple bite adjustment.
- If sensitivity turns in to more of an ache or pain, you likely had a deep filling placed underneath the crown. The doctor probably told you this and placed a medicated filling material in the bottom of the cavity. Deep fillings can sometimes get very close, if not into, the nerve and blood supply area of the tooth. The pain indicates that the nerve and blood supply is probably irreversibly infected or irritated and may require additional treatment. If this occurs, call us to schedule a follow up appointment.
- Most likely, when you left the office today you had a temporary crown placed on the tooth. This material is not as strong as your final crown will be, so don't go home trying to chew rocks or other similarly hard foods. Also, the cement used for the temporary crowns is not as strong as the final stuff will be. This is so we can get the temporary crown off when you come back to get your final crown placed. That being said, avoid chewy, sticky stuff that might pull the temporary crown off. If it does come off, no big deal. You might have a little sensitivity with hot or cold foods. You should put it back on if you can, then call us and get in when possible to glue it back on until your final crown comes.
- Keep that temporary crown clean! While you might have to baby it a little with chewing and eating, don't be shy with brushing and flossing. To avoid pulling the crown off when you floss, just pull the floss out from the side when you done cleaning next to the temporary crown. It's very important to have nice, healthy tissues around the tooth when we go to put the final crown on. It will help us ensure a good bond to your tooth.

That will be all, your Highness.

